

2024 Las Vegas MEGA Meet

GFA Times

Friday February 16th. Doors open at 4:00pm

Equipment Familiarization 4:00pm to 7:00pm

Floor is timed 5:00 minutes for Teamgym and 10:00 minutes for Challenge & A&T, Jump is open the entire time.

Wristbands will be required for spectators.

4:25pm-4:30pm	Aurora Kids	5:45pm-6:05pm	Victory
4:30pm-4:45pm	La Jolla Y	6:05pm-6:10pm	Believe
4:45pm-4:50pm	Valley Wide	6:10pm-6:25pm	Fallbrook Level 2-4
5:00pm-5:30pm	Gymtrix		
5:30pm-5:45pm	Dazzlers		

Saturday February 17th.

Session 1 Levels 2/3

7:45am	Doors Open
8:00am	Stretch
8:15am	Timed Warm Up
9:00am	March In
10:15am	Gym for Life Warm up & Gym for Life Performance
10:50am	Awards

Teams: GymTriX 2(2)- 3, Fallbrook 2-3, Birons 2, Valley Wide 3, Aurora 3, Fliptastic! 2-3

Session 2 Levels 4/5

10:45am	Arrive
11:00am	Stretch
11:15am	Timed Warm Up
12:00pm	March In
1:45pm	Awards

Teams: GymTriX 4-5, Fallbrook 4, Birons 4, Fliptastic! 4-5, La Jolla 4, Believe 4, Dazzle 4

Session 3 Levels 6, 7, 8

2:00pm	Arrive
2:15pm	Stretch
2:30pm	Timed Warm Up
3:20pm	March In
4:45pm	Awards

Teams: GymTriX 7, Fliptastic! 6,7, La Jolla 6,8,

Session 4 A&T

5:15pm	Open Stretch
5:30pm	Timed Warm Ups, followed by competition and Awards

Teams: Victory Level 2, 3